



## Stamford Third Age Group

# NEWSLETTER

Issue 62

Online Version

April 2006

### CHAIRMAN'S COMMENTS

April, the last month in our U3A calendar, but as I write this the weather is still cold, grey, and many degrees below expectations. However, we should look on the bright side. I am told that when warmer weather comes there will be a magnificent display of colours as all spring flowers and blossoms will come out together.

Spring is a period of change and renewal, and this is appropriate for our forthcoming AGM on the 8th May – the SECOND MONDAY. Three committee members will be leaving, including me, and new members will be appointed. Gradual change is helpful to maintain the vitality of any organisation.

Those who drafted the Stamford U3A constitution cleverly included a limit to the time committee members can remain in office, thus ensuring a degree of change and renewal. However, this does not necessarily apply to those leaving this year.

The AGM will follow the specified procedure with the annual report and election of committee

members. This will be followed by production by the Drama Group of 'Gobbledegook'.

Through this last year I have received communications from a few members giving their views on our U3A, some making suggestions for improvements or changes, and this is very useful. However these are very small in numbers compared with the total membership. This may suggest that in general members are happy with the situation. I hope this is the case. It may mean that members are reluctant to make suggestions or give comment.

If you have comments, suggestions or general feedback please pass these on to the committee members or chairman.

Best wishes

Dick Colgrove

t: 01780 752101

e: dick@SU3ANews.co.uk

### COMMITTEE MEMBERS

Dick Colgrove	Chairman
Paddy Thompson	Deputy Chairman
Hendy Farquhar-Smith	Group coordinator
Percy Moss	Treasurer
Joy Paterson	Minutes Secretary
Kate Rogers	Speaker Finder
Gill Bolton	Membership Sec
David Ellis	
Chris Rippington	

### MONTHLY PROGRAMME

**May 8<sup>th</sup> Annual General Meeting**

**June 5<sup>th</sup> The Serious Business of Humour  
Canon P Spence**

Monthly meetings are held on the first Monday of the month at Barn Hill, except for Bank Holidays. Coffee will be served at 10 and the meeting will start at 10.30 am.

**NEWSLETTER ONLINE**  
**www.SU3ANews.co.uk**

**Registered Charity Number: 1077090**

For information on how to become a member and for subscription information, please contact the Membership Secretary, Gill Bolton,

t: 01780 480611

Please send comments and contributions to the Editor: Hendy Farquhar-Smith

t: 01780 756316

e: hendy@hf-s.co.uk

**May 2006 Issue** Deadline **24 April 2006**

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## HARLAXTON 2006

Last chance to attend Harlaxton! There are only a few places left in the Second School - course details below

### 13 - 16 July School Courses

<i>Contrasting Garden Styles of the World</i>	Glenys Whittle
<i>Botanical Illustrations</i>	Barbara Clemence
<i>Main and Branch Lines</i>	Geoff Smith
<i>A Geological History of the Midlands</i>	John Aram
<i>Computing for Beginners/Improvers</i>	Pam Bisnauthsing
<i>Singing for Fun</i>	Paul White

For more information contact

Rosemary McCulloch 01778 346184  
Pat Leggett 01778 341248

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We also need some willing hands to help on the first day of the two Harlaxton summer schools - Sunday 9<sup>th</sup> July and Thursday 13<sup>th</sup> July from 10.30 am to about 5 pm. You will be given a free lunch and have your travelling expenses refunded. If you can help, please contact

Hendy Farquhar-Smith 756316

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### CHURCH VISITING GROUP

This Group starts the 2006 summer season with a visit to Collyweston Church on **Friday 28th April**. Meet outside before 11 am, lunch at the Collyweston Slater.

Everyone is welcome, especially new members. You will be amazed at the treasures our local churches contain.

Anna Bridger

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### SCOTTISH STRATHSPEY DANCING GROUP

We meet on Wednesdays at the Barn Hill Methodist Church at 11 am. The group welcomes new members from both Stamford and Welland U3As. Next meetings:

**April 5<sup>th</sup> and 19<sup>th</sup>**  
**May 3<sup>rd</sup>, 10<sup>th</sup> and 24<sup>th</sup>**

Barbara Carpenter

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### LOCAL HISTORY GROUP

The next meeting will be held at Barn Hill on Tuesday 11<sup>th</sup> April at 10 am for coffee and biscuits. The talk will start at 10.30 am. The speaker will be John Plumb on "Thomas Cook – the Napoleon of Travel".

All U3A members are welcome at our meetings and we look forward to welcoming you there. For more information please contact

John Plumb

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### MAGNIFICENT PRIZE BOOK TOKEN

So far I have had only four entries for the unique prize offered in our Creative Writing Group Magazine. Many of you bought a copy containing this fun quiz, so come on people, let's have some entries. Please send them to me, *The Editor, Ann Linton, 24 Highland Way, Stamford* - or give me your entries at the next monthly meeting. I shall definitely be closing the date for entries in April.

Ann Linton

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## CONSTABLE EXHIBITION

### TATE BRITAIN

The Art History Group are going to this blockbuster exhibition on Wednesday 14<sup>th</sup> June. The cost including coach and entry to the exhibition will be £20. Please sign up at the April meeting and please pay either at the April meeting – or the May meeting.

If you cannot get to the meeting and would like to go please phone Hendy on 756316 to put your name down. Please make out your cheques to Stamford U3A Art History Group. As usual, the coach will leave Stamford Bus Station at 8 am and the Danish Invader at 8.05 am.

There will a talk on Constable on Wednesday 24<sup>th</sup> May at the United Reformed Church – Livingstone Room at 10.30 if you are interested in this artist. Everyone welcome.

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### SELF HELP FOR HEALTH GROUP

Because of Easter, our next meeting will be a week early on **Monday 10<sup>th</sup> April**, but at the usual time and place, Essendine Village Hall, 2 pm to 4 pm.

We shall be visiting the Mental Gymnasium then and there will be gentle exercise, of the appropriate areas, involved! Do come and join in – everyone welcome.

The discussion subject for the day will be "The Dental Services – what we need and how we propose to get it" – topical and probably provocative!

Sheila Halliday - Pegg

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### SWIMMING

A reminder about swimming times for the over 50s at Stamford Leisure Centre (Aquafit) which are as follows :

#### DURING TERM TIMES

Mondays 11 am – half an hour's swimming followed by 30 minutes of exercises in the water.

Thursdays 2 pm – one hour's swimming, followed at 3 pm by exercises – a session which lasts three quarters of an hour. The last 15 minutes up till 4 o'clock is swimming.

Aquafit is open to all over 50s, not just the U3A. If any new U3A members would like to take part in these sessions, just turn up at one of the times given above.

The picture changes during half term, Easter, Christmas and Summer Holidays. For times during these holiday periods pick up an alternative timetable at the pool.

Ann Linton 764552

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### LUNCHEON GROUP

The Luncheon Group will not meet in April. For more information contact

Angela Fairmann

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Visit your website at

[www.SU3ANews.co.uk](http://www.SU3ANews.co.uk)

### ATTENTION GROUP LEADERS

Are you unsatisfied with your present meeting place? We have alternative venues available at a reasonable cost. One is available now and another will be coming up in the autumn. For further details get in touch with

Hendy Farquhar-Smith 756316

### BARBIE'S BOOK GROUP

Barbie Rojo has another Book Group which started recently. This group will meet on the 2<sup>nd</sup> Thursday of every month in the morning.

If you would like to join, sign up at the meeting today or contact

Barbie

### SCIENCE GROUP

The Science Group trip is to the Royal College of Physicians, Regents Park, London, on the 11th of May.

This is self help undertaking and therefore you will be asked for a contribution to help defray expenses. Please see Percy at the April or May meeting.

Please note that there is no meeting in April.

Percy Moss

### TECHNICAL ASSISTANT REQUIRED

The refurbished Methodist Church now has state of the art technical facilities and therefore we have to train people to operate these facilities when our speakers would like to use them. Full training will be given and your services will not be required at every meeting.

If you are technically inclined, and think that you would like to help by doing this very interesting and worthwhile job, please contact Dick on 752101

### CASH BUYERS CONTINUE TO SEEK BUNGALOW

Des and Janet Kempson appreciate all the help members have given them in their quest for a bungalow in a quiet area of Stamford.

However, they have not been able to find something suitable, therefore, if you hear of a bungalow in such an area please call

Des and Janet

### MEMBERSHIP EXPIRED ON 31<sup>st</sup> MARCH

***If you have not renewed your subscription yet, please do so as soon as possible.***

You may renew at monthly meetings, preferably with a cheque, or send your applications, cheques and SAEs direct to me.

Thank you to those who have renewed their memberships by post. If you did not include a stamped addressed envelope, please remember to collect your new card at the next monthly meeting.

If you need a renewal application form, these are available from main meetings, group leaders and the web site. For further information please contact

Gill Bolton 480611

### TRAVEL GROUP

#### TRAVEL GROUP MEETING

The next meeting will take place at Barn Hill on Monday, 15<sup>th</sup> May 2006, 10.00 for 10.15 am.

For further information contact

Paddy Thompson

### COUNTRY DANCING

The next meeting of this group will be held in the United Reformed Church Hall at 10.30 am on Tuesday 18<sup>th</sup> April. Everyone welcome. Absolutely no skills or special equipment needed - Just a sense of humour.

For further information

Mary Rowe

### ART HISTORY GROUP

The meetings in April will be on Wednesday 12<sup>th</sup> April when the subject will be Rubens.

For those of you who think that Rubens painted only large fleshy nudes this talk might blow away some preconceived ideas. We shall be looking at many of his major works and there is hardly an unclothed lady to be seen.

The meeting on the 26<sup>th</sup> April will be on Rembrandt.

The meetings are held in the United Reformed Church Hall – Livingstone Room. Coffee at 10.15 am, talks start at 10.30 am. Everyone welcome. For further information contact

Hendy Farquhar-Smith 756316

### WALKING GROUP

April 7 <sup>th</sup>	No Leader			
April 14 <sup>th</sup>	No Leader	Volunteers Required to Lead		
April 21 <sup>st</sup>	South Luffenham Coach House Inn	5	Roger Teasdale	756925

Walks are planned for the first three Fridays of every month. Those already scheduled are shown above. All walks start at 10.30 am, unless otherwise stated. Queries on individual walks please contact the Walk Leader. General queries please contact Eric or Avery Woods. Please try to share cars.