



## Stamford Third Age Group

# NEWSLETTER

Issue 67

Online Version

September 2006

### CHAIRMAN'S COMMENTS

The long hot summer is over at last and for most of us it ended with a bang with tremendous thunderstorms. However it also decided to rain on the Group Leaders' Coffee Morning when the heavens opened just before everyone arrived and the sun came out as everyone was leaving. So over thirty damp group leaders squashed into my house.

Only one piece of lost property remains – a small red umbrella. I will bring it to the meeting and brandish it but if the owner is not at the September meeting – you know where it is.

And another thank you to the Group leaders as the majority have now sent me back a brief description of their group.

The missing ones I shall make up after I have phoned the group leaders concerned. The whole idea is to issue new members – and old members if they want one – a comprehensive description of every group and whether the group has vacancies.

On a separate note, I have put a short announcement in the main part of the newsletter about those who are eligible to attend U3A meetings, group meeting and trips. Only those who meet the qualifications to be potential U3A members – ie over 50 (approximately) and not in full time employment can take part in any of these activities.

It is particularly important for trips as the insurance we have from Head Office only covers guests who meet these criteria.

The problem about having been a teacher for 40 years is that to me the new year always starts in September. In fact one of my friends once said when she retired that one of the benefits of being retired from teaching was that one could start the New Year in January like everyone else. But old habits die hard and I still think of September as the month for fresh starts.

And one fresh start we always in need of in Stamford U3A is the need for volunteers. The areas in which we need help are wide ranging – helping Edna with the tea and coffee, helping with Registration, setting up a new group, or taking over an existing one.

So please sign up on either of the Help registers or get in touch with me if you can offer a more specific area of expertise. It doesn't matter if you are a new member – everyone's contribution is welcome.

Regards,  
Hendy Farquhar-Smith

t: 01780 756316

e: hendy@hf-s.co.uk

### COMMITTEE MEMBERS

Hendy Farquhar-Smith	Chairman
Paddy Thompson	Deputy Chairman
Percy Moss	Treasurer
Sue Webster	Minutes Secretary
Gill Bolton	Membership Secretary
Chris Rippington	Group coordinator
Kate Rogers	Speaker Finder
Howard Jones	General Factotum

### MONTHLY PROGRAMME

**October 2<sup>nd</sup> The RAF Presentation Team**

Monthly meetings are held on the first Monday of the month at Barn Hill, except for Bank Holidays. Coffee will be served at 10 and the meeting will start at 10.30 am.

[www.SU3ANews.co.uk](http://www.SU3ANews.co.uk)

**Registered Charity Number: 1077090**

For information on how to become a member and for subscription information, please contact the Membership Secretary, Gill Bolton,  
t: 01780 480611

Please send comments and contributions to the Editor: Hendy Farquhar-Smith  
t: 01780 756316 e: hendy@hf-s.co.uk  
October 2006 Issue, Deadline 25 September 2006

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## SOCIAL HISTORY

Joan Newey has come forward with a very interesting suggestion for a Social History Group. It would be a bit of an ad hoc group, with members of the group researching a specific aspect of social history and then reporting back to the group. Anyone interested in joining such a group should contact

Joan

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## NOTICES FOR THE NOTICE BOARD

We are going to change the system – or rather start a system – of how we put notices on the notice board. If you want to put a notice up from the July meeting onward please can you supply TWO notices. All will be made clear at the July meeting.

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## KEEP FIT

Keep fit classes start again at 12.15 to 1.15 pm on Wednesday 20th September at Barn Hill. New members welcome. Please note that anyone coming for the first time must bring their membership card with them.

For more information contact

Clare

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## THEATRE GROUP

We will be visiting Nottingham Theatre Royal on 8<sup>th</sup> November to see "Arsenic & Old Lace" one of the funniest and most enduring thrillers ever written. Starring Louise Jameson, Sherrie Hewson and Wayne Sleep.

Tickets £21, including the driver's gratuity. Leaving at 12.00 from the Bus Station and 12.05 Danish Invader. Please see us in the upstairs room at Barn Hill.

On Thursday 7th December Shoestring are presenting "The Lion in Winter" for which we have reserved a number of seats - tickets £6. Please book early as the Arts Centre will not hold them longer than the first week of September. If you have any queries, please contact

Shirley

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## FAMILY HISTORY GROUP

The Group has arranged a visit to the Family Records Centre, which can be combined with shopping in Central London, on Thursday 23<sup>rd</sup> November 2006. The coach fare is £15. For more information please contact

Dennis Rotherham

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## SELF- HELP FOR HEALTH GROUP

The next meeting of this group will be at 2 pm at Essendine Village Hall on September 25<sup>th</sup> The main Presentation will be – Loosening the Screws. This will give you some hints of keeping your joints more supple and less painful. There will be some audience participation in gentle exercises.

Our discussion groups will be thinking of ways of improving our communication with the younger generations and what we have to learn from them. Everyone welcome as usual. Please note the date!

Sheila Halliday - Pegg

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## POETS AND THEIR POETRY GROUP

The group will be having a summer break. The next meeting will be Friday October 13<sup>th</sup>. The theme will be ghosts, spirits and spooky poems. Remember that All Hallows Eve is October 31<sup>st</sup>

For more information contact

Robert E Ford

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## CHARITY GARDEN PARTY IN AID OF CANINE PARTNERS

There will be a Charity Garden Party at Bridge House, Toft on Sunday 17<sup>th</sup> September from 2.30 – 5.00 pm in aid of Canine Partners who train dogs for the severely disabled.

Tickets which include refreshments are limited and must be bought in advance from either Petorama in West Street, Bourne or Stamford Music Shop, St Mary's Hill.

**Cost:** Adults £5, Senior Citizens £3.50, Children £2

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## SCOTTISH STRATHSPEY GROUP

This group meets on Wednesdays at Barn Hill Methodist Church at 11 am.

We will meet again on September 6<sup>th</sup> and 20<sup>th</sup>. For more information contact

Barbara Carpenter

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## CHRISTMAS LUNCH — CROWN HOTEL

The Christmas Lunch will be held on Monday, December 11<sup>th</sup> at 12.30 pm.

There will be a sign-up list at the September meeting.

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Visit your website at  
[www.SU3ANews.co.uk](http://www.SU3ANews.co.uk)

## TRAVEL GROUP NEWS

Anyone holidaying in Europe this year is reminded to update their European Health Card – E111.

### SPRING HOLIDAY 2007

Travel Group members have decided that the Spring Holiday 2007 will be to the Austrian Tyrol – Kirchberg from 19<sup>th</sup> – 26<sup>th</sup> May. 8 days – 7 nights for £569. This includes half board, several excursions and coach travel from Stamford to Heathrow and back.

If interested please sign the list at the July meeting and collect marketing material at the Travel Group desk or contact Paddy Thompson.

### NEXT TRAVEL GROUP MEETING

The next meeting of the Travel Group will be at 2 pm on Monday 11<sup>th</sup> September at Barn Hill. Please come along if you are interested. There is usually a charge of £1 per person.

Paddy Thompson

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### STROLLERS GROUP

The next meeting of this group is on September 8<sup>th</sup>. Meet at Rutland Water, Normanton Car Park by the Fishing Lodge at 11 am. The walk is under 3 miles and will be led by John and Joan McNeill.

For more information contact

Anna Bridger -

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### WALKING GROUP

The Walking Group are planning to hold a meeting during September to discuss future plans. For additional information contact

Chris Rippington

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### CHURCH VISITING

The next church visit is on September 29<sup>th</sup>. Meet at Kingscliffe Church at 11 am — lunch at the Cross Keys. The October visit is cancelled.

After discussion amongst the members, we have decided to disband after the September meeting.

Anna Bridger

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### JAZZ DEVOTEES GROUP

Terry Watkins would like to set up a monthly meeting of the Jazz Devotees Group, on Monday evenings at 7 pm during the Summer months and in the afternoon in the Winter. The meeting would consist of listening to Jazz music ranging from traditional to modern and also discussing its history.

All those interested please contact

Terry

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### FINANCIAL DISCUSSION GROUP

The Group meets at Priory Court on the second Wednesday of the month at 2.15 pm. New members are very welcome. The topics for the next meetings are:

**September 13<sup>th</sup>**

Global Warming and Energy Resources.

**October 11<sup>th</sup>**

Cruises/ Half yearly budget

**November 8<sup>th</sup>**

Non Equity Investments

**December 13<sup>th</sup>**

New Technology Update

For further information

Phil Day

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### SCIENCE GROUP

The next meeting of the Science Group will be on the 14<sup>th</sup> September at Barn Hill at 2 pm .

Percy Moss

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### COUNTRY DANCING

The next meeting for the Country Dancing Group will be held on September 19<sup>th</sup> at 10.30 am.

Please note that from now on this group will meet at the Roman Catholic Church Hall – on the other side of Broad Street from the United Reformed Church Hall.

New members are always welcome.

For additional information contact

Mary Rowe

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### ART HISTORY — VELAZQUEZ EXHIBITION

Because there are already two London trips during November there will be a sign up list at the September meeting to see if a trip to the Velázquez Exhibition is viable for November 22<sup>nd</sup>.

If you miss the meeting, please ring me if you would like to go.

Hendy 756316

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### ART HISTORY GROUP

The next meetings will be on Wednesday 13<sup>th</sup> September – when the subject will be Canaletto and the 27<sup>th</sup> September when the subject will be Van Dyck.

The meetings are held in the Livingstone Room of the United Reformed Church and begin at 10.30 am – coffee is served beforehand.

Everyone is welcome to come to these meetings and we are always ready to greet new members.

Hendy Farquhar-Smith 756316

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### VISIT TO THE BANK OF ENGLAND MUSEUM

The Antiques Group I have arranged a visit to the Bank of England Museum on Tuesday 7<sup>th</sup> November.

The cost of this trip will be £15 - cheques payable to **I Bacon**. Please sign up and pay at the next meeting.

Pick up times will be 8.45 at the Danish Invader and 9 o'clock at the Bus Station

For further details contact

Ina Bacon or Kay Johnson

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### IMPORTANT NOTICE

#### FOR MEMBERS ARRANGING TRIPS

Please be aware that guests on trips with the U3A must satisfy the joining qualifications for the U3A – ie they must be over 50 and not be in full time employment.

Our insurance from Head Office only covers visitors who could be potential members of the U3A.

For additional information contact

Hendy Farquhar-Smith 756316

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