



Stamford Third Age Group

NEWSLETTER

Issue 96

ON LINE VERSION

February 2009

CHAIRMAN'S COMMENTS

It's very pleasing to see that yet another new group is starting up. I'm very grateful to Shirley Draheim-Jackson for her offer to start up a German Conversation Group again. The new Dance Group appears to have got under way with a lot of support so I hope the German Conversation will be as successful.

We have a New Members' Meeting on Thursday 19th March and all new members should have received an invitation. I would be grateful for the support of as many Group Leaders that can make it to come and advertise their groups. And Group Leaders I have a new request to make of you for volunteering. Whitefriars – the retirement home in Ryhall Road is looking for speakers to come and talk to their residents. Any subject would be welcome – holiday photos if you have them on slides or PowerPoint, poetry readings, play reading, local history, any special interests or hobbies etc. If you are interested get in touch with Jodi Hope on 765434 or if you want more information before you actually volunteer please ring me on 756316.

And talking about volunteering – it's getting on for AGM time again. Several of the Committee are having to give up this year because of other commitments so we need more committee members. It is not arduous. We meet only about six times a year and our meetings do not drag on interminably. We cannot run without some helpers so please if you think you can help run Stamford U3A, get in touch with any member of the Committee and volunteer your services.

It's Subscription renewal time again. Jim Guthrie is trying all sorts of ways to get your renewal forms out to you and you should be receiving them in due course. As advised at the 2008 AGM the annual subscription is going up to £7 because of generally increased costs. It would help enormously, if you wish to renew your subscription at a monthly meeting, if you are paying by cheque if could have it written out before you approach the desk for renewal. The subscriptions run from April to April and if you have not renewed by the 1st of June, we will assume that you no longer wish to be a member of Stamford U3A. If you have a problem with keeping to this time scale and still want to retain your membership ring Jim Guthrie on 752755 and let him know.

I'm sorry I won't be at the meeting today but we're having a family party in London on the 1st of February and obviously we don't want to be charging back up the A1 to get back in time for the meeting. Paddy will be chairing the meeting and my thanks to her for filling in for me.

In order to meet the Newsletter deadline I have had to give only a "provisional" date and price for the trip to Picasso Exhibition at the National Gallery in April. However I will have the full details by the time you read this. So do get in touch if you want to come on this trip.

Thank you very much,

All the best,

Hendy Farquhar-Smith

t: 01780 756316 e: h@StamfordU3A.co.uk

COMMITTEE MEMBERS

Hendy Farquhar-Smith	Chairman
Paddy Thompson	Deputy Chairman
Percy Moss	Treasurer
Sue Webster	Minutes Secretary
Chris Rippington	Group coordinator
Jim Guthrie	Membership Secretary
Howard Jones	Speaker Finder
Sheila Halliday-Pegg	
Jill Haynes	

Registered Charity Number: 1077090

MONTHLY PROGRAMME

February 2nd Louis Comfort Tiffany
Ian Powys

March 26th Private V Barratt 14828
Ernie Rusdale

Monthly meetings are held on the first Monday of the month at Barn Hill, except for Bank Holidays. Coffee at 10 am - the meeting will start at 10.30 am.

March Issue deadline 20 February

To become a member and for subscriptions please contact Jim Guthrie:

t: 01780 752755 e: Jim@StamfordU3A.co.uk

Please send comments and contributions to the Editor: Hendy Farquhar-Smith

t: 01780 756316 e: h@StamfordU3A.co.uk

GERMAN CONVERSATION

Shirley Draheim-Jackson has very kindly volunteered to get the German Conversation group going again.

She has put a sign up sheet by the notices upstairs so if you are interested please give your name and telephone number.

If there are enough people interested the meetings would be held at Shirley's house but there will have to be a preliminary meeting to sort out a suitable day and time. For more information contact

Shirley Draheim-Jackson

CHURCH VISITING GROUP

A meeting to discuss the visits from April to October 2009 will be held on February 27th at 11 am in the Lounge at Welland Mews. All members are most welcome.

Any queries please ring Mavis Sharpe or Elaine Ward

PARCELS FOR THE TROOPS

The British Legion are continuing with their Parcels for the Troops programme. As you know, you don't have to make up the parcel yourself - the British Legion will do that for you.

The sort of things that are most appreciated are Bic Razors, toothpaste, soap, shampoo, wipes, sweets, crisps – especially Pringles because of the packaging, crossword books, notebooks, pens etc. Please do not send any liquids or chocolate.

Please bring the items to the next meeting or get in touch with the British Legion direct.

LOCAL HISTORY

The next meeting will be held on Tuesday 10th February at Barn Hill at 10 am for a 10.30 am start.

Ann Linton, one of the Group members, will talk about "The Passageways of Stamford". Everyone is welcome.

Christine Bearne

ART HISTORY

The next meetings of the Art History Group will be held upstairs in the Livingstone Room at the United Reformed Church Hall, on the dates shown below.

Coffee from 10.15 am, talk starts at 10.30 am

Wednesday, 11th February **Goya**

Wednesday, 25th February **Sorolla**

For more information contact

Hendy Farquhar-Smith 756316

GROUP LEADERS

Please can as many group Leaders as possible come along to the New Members' Meeting. I do appreciate your giving up your time to support these meetings.

Hendy

A1 THEATRE

All matinées - top price seats

Thu 19th Feb Rodgers and Hammerstein's **Carousel**, at the Savoy Theatre

Wed 18th Mar **Enjoy** by Alan Bennett, with Alison Steadman, David Troughton at the Gielgud Theatre **OR**

Lloyd Weber, **Sunset Boulevard**, Comedy Theatre

For information, prices and application forms contact

Karyl Rey 753769

SELF HELP FOR HEALTH

The next meeting of this Group will be on February 16th at 2 pm at Ryhall Village Hall when the event is being described as "A Memory Jog."

The brain cells are to be stretched a bit – combined with a lot of fun.

Everyone welcome. For more information contact

Sheila Halliday-Pegg

SCOTTISH STRATHSPEY DANCING

The next dates for this group are:

11th and 25th of February

11th and 25th of March

Dancing normally takes place in the upper room at Barn Hill at 11 o'clock, but please note that on the 11th February it will be in the downstairs room.

New members are very welcome.

New members are very welcome. Contact

Graham Creedy

BALLROOM DANCING

The next meeting of this group will be held on Wednesday 25th February from 3 pm – 4.30 pm at the Roman Catholic Church Hall in Broad Street. Everyone welcome. No need to have a partner.

Meg Atkins Moss

WOOL WANTED

Thank you very much for helping with this appeal in September. The ladies of Stamford Inner Wheel are still in need of wool for making blankets for charity. If you have any oddments of double knitting wool please contact Pauline Wakefield. She will collect the wool from you if you wish.

SINGING FOR PLEASURE

The next meeting of this Group will be at Barn Hill on Thursday 12th February from 10.30 am – 12.30 pm at Barn Hill. All welcome.

Rita Wood

TRAVEL GROUP

Our autumn city holiday this year will be to Vienna. This was established by votes at the Travel Group meeting on 20th January. Madrid came second and Berlin third.

We hope to have the Vienna details by the February U3A main meeting. We still have places available for the Anney holiday beginning on 12th May. For details and booking forms contact

Dick Colgrove

DANCING GROUP

This new group seems to have got off to a flying start. It's just dancing – no partners – just moving to music. February meetings will be held at Tinwell Village Hall on 12th and 26th at 10.30 am.

Val Harvey

DEEPINGS CAMERA CLUB ANNUAL EXHIBITION

This Exhibition will be held at the Deepings Community Centre on Saturday 7th and Sunday 8th February between 10 am and 4 pm. It is open to the general public and admission is free.

It will be formally opened by the Mayor of Deepings, Councillor Pauline Redshaw at 10 am on Saturday 7th February.

There will be over 200 photographs taken by our members in the Exhibition and will be of a wide variety of subjects including landscapes, portraits, sports, natural history, architecture and still life.

If you have queries about this exhibition contact either the Chairman Mike English on 01780 757757 of the Publicity Officer Malcolm English on 01778 347655.

NEW MEMBERS' MEETING

There will be a meeting for New Members on Thursday 19th of March at 10.30 am at Barn Hill.

All new members should have received an invitation to this so we look forward to seeing you there.

Hendy Farquhar-Smith 756316

STROLLERS

The next stroll will be round **Ryhall on February 13th**

Meet at the Millstone at 11 am.

Jenny Whetstone

PICASSO EXHIBITION - NATIONAL GALLERY

The provisional date for this trip is Wednesday 22nd April. Provisional price £25 - £30.

Sign up list will be available at the Art History talks on 11th and 25th of February and at the March meeting.

If you are interested in coming and can't get to the Art History talks give me a ring on 756316.

RECYCLING

Ever wondered where the contents of your silver bin go, and what happens to it? Members of the Climate Change Group recently visited the recycling facility for South Kesteven (and other districts), near Caythorpe. Here the contents are sorted into components – paper, cardboard, plastics, glass, aluminium etc – and sent to specialist facilities for recycling. What cannot be recycled is either made into pellets for burning (replacing fossil fuels) or – just 1% of the contents - sent to landfill.

They are in transition from a semi-manual, semi-mechanised sorting system to one that is almost completely automated. (The December issue of the Council's own magazine "SK Today" had an article about the facility, with more detail - and pictures!)

The main message we took away with us is that almost everything is either recycled or burnt usefully; hardly anything goes to waste. That includes, for instance, most plastics whether or not they are labelled as recyclable.

So "put it in the silver bin".

Philip Dale

FINANCIAL DISCUSSION GROUP

The next meeting will be held on Wednesday February 11th at 2.30 pm in Priory Court when the subject will be "**An Update on Equity Release**". A group member will lead the discussion.

New members are welcome but please contact Betty Meadows or George Birch if you would like to come.

HOME LIBRARY SERVICE

The Home Library Service provides books for housebound people. If you know of anyone you think would benefit from this service please get in touch with Hendy on 756316

Visit your website

www.SU3ANews.co.uk

WALKING GROUP

February 6th, Royal Oak, Duddington

Pauline Read

February 10th Fox and Hounds, Exton

Rosemary Henley, Ann Henley

All walks start at 10 am.

For more information contact

Chris Rippington

COUNTRY DANCING

The next meeting of this group will be held on Tuesday 17th February at 10.30 am at the Roman Catholic Church Hall in Broad Street. Everyone welcome.

Mary Rowe
