



Stamford Third Age Group

NEWSLETTER

Issue 76

ONLINE VERSION

June 2007

CHAIRMAN'S COMMENTS

It's not often that an AGM turns out to be such a resounding example of the success of a group, but our May meeting certainly was. I don't mean your Chairman forgetting to re-elect the Committee – blame that on my cold! What I do mean is the displays of talent and hard work produced during the year.

First of all we had the Creative Writing Group selling their excellent magazine which I have now had time to read. What a variety of talent and writing styles are printed there! Then there was the fantastic exhibition by the Craft groups – showing the huge range of professional standard work they produce. Our three Art groups showed us the variety of styles and media they work in – again a very polished display of work. And finally – the Drama Group entertaining us in their inimitable style. I feel very proud to be Chairman of such a multi talented group of people.

I don't know about "Life beginning at 40" but it seems to me that joining the U3A gives people a new lease of life and the chance to show untapped potential in many fields. My very grateful thanks to everyone who contributed – especially those who worked so hard on the day putting up the displays.

And of course the Creative Writing Group will be selling their magazine at today's meeting. On top of all these activities the Travel Group have arrived back safely after a very enjoyable trip to the Austrian Tyrol. Also available at this meeting are the car stickers and book marks issued by the National Office of the U3A to celebrate

their 25th Anniversary. If you haven't yet done so – help yourself. I don't want to take them home!

New members may be surprised to learn that the majority of our groups don't meet in July and August. When I joined the U3A I assumed that everything would carry on running during these months. But in fact, although many of our members do not go on holiday at this time, they are on call for baby sitting, house sitting or pet sitting – or even all three! I also think it's a good idea to give our Group Leaders a break to charge their batteries! However there is no hard and fast rule and if a group wants to keep going during July and August they are quite welcome to do so. We do continue with our monthly meetings during these months.

However, one sad aspect of the AGM was that we had to say goodbye to Kathy Lynn James. After spending nearly six months with us, she had really integrated well into the U3A - despite the age difference. I know she thoroughly enjoyed her time here with us - meeting our various art groups and talking to them. I would like to add my thanks to hers to all the people in the Art and Craft groups who were so co-operative in many ways - including answering all her questions in her interviews.

Regards,

Hendy Farquhar-Smith

t: 01780 756316

e: h@StamfordU3A.co.uk

COMMITTEE MEMBERS

Hendy Farquhar-Smith	Chairman
Paddy Thompson	Deputy Chairman
Percy Moss	Treasurer
Sue Webster	Minutes Secretary
Chris Rippington	Group coordinator
Jim Guthrie	Membership Secretary
Howard Jones	Speaker Finder
Sheila Halliday-Pegg	

MONTHLY PROGRAMME

June 4th	Bomb Disposal Neal Davis
July 2nd	Arrive Alive Classic Paul Smith of DSA

Monthly meetings are held on the first Monday of the month at Barn Hill, except for Bank Holidays. Coffee will be served at 10 and the meeting will start at 10.30 am.

Registered Charity Number: 1077090

July 2007 issue deadline 26 June

To become a member and for subscriptions please contact Jim Guthrie:

t: 01780 752755 e: Jim@StamfordU3A.co.uk

Please send comments and contributions to the Editor: Hendy Farquhar-Smith

t: 01780 756316

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DISCUSSION GROUP

As a number of members have expressed interest in forming a Discussion Group, an initial meeting is to be held at 2.30 pm on Wednesday, 20th June at the Tobie Norris (in an upstairs room) on St Paul Street.

The aim is to decide on the type of topics to be discussed, the frequency of the meetings, agreeing some ground rules, etc.

If you are interested and would like to learn more, just turn up at the meeting, or contact

Tony Barry

TRAVEL GROUP

Croatian Holiday

October 2nd to 9th, seven nights' half board - £599 at a four star hotel. Included are coach pick-up from Stamford and several excursions. Some places still available. If you are interested, book soon and contact Paddy.

TRAVEL GROUP MEETING

There will be a meeting of the Travel Group on Monday 18th June at 10 am at Barn Hill. The speaker will be Anthony King and he will be talking about the Himalayas. Everyone is welcome.

Paddy Thompson

ART GROUP I

There will be no meeting of the Art Group I in June. The next meeting will be on September 4th.

Marie Hare

SOCIAL HISTORY GROUP

The next meeting of this Group will be on Monday, June 11th at 2 pm at 5 Truesdales Hospital, Scotgate.

The theme will be 'Agriculture'. If you are interested please contact

Joan Newey

U3A BALLROOM DANCING

We plan to hold the first Ballroom dancing session on Wednesday 26th September at 2.30 pm. at the Roman Catholic Church Hall in Broad Street, and thereafter the fourth Wednesday in every month. Each session will last for 2 hours, the first hour tuition for beginners or those wanting to brush up, second hour dancing.

Quite a lot of people have so far signed up but we need to be more sure what you are particularly looking for. Could you let me know if you are a complete beginner, in need of practice, or proficient. Also, ladies – do you have a partner? Cost is expected to be £3 per person, per session. If finances allow, we may be able to reduce this cost.

Please contact me, **Meg Atkins Moss** .

Or **Maggie Colgrove**

HARLAXTON SUMMER SCHOOL

Two helpers are needed for Thursday July 12th from 11.30 am to 4 pm. A sandwich lunch will be provided and a small mileage allowance will be paid.

If you can help, please contact

Hendy Farquhar-Smith 756316

ART HISTORY GROUP

The next meetings of the Art History Group will be on the following Wednesdays:

June

13th Introduction to the Pre-Raphaelites

27th Rossetti and Madox Brown

The meetings are held at the United Reformed Church Hall upstairs in the Livingstone Room.

Talks will start at 10.30 am, coffee from about 10.15, everyone welcome. For more information contact

Hendy Farquhar-Smith 756316.

SCOTTISH STRATHSPEY DANCING

This Group will restart with a new leader, Graham Creedy, on June 6th and June 20th at 11 am at Barn Hill

New members welcome. All enquiries to

Graham Creedy

COUNTRY DANCING

Country dancing will be held at the Roman Catholic Church Hall at 10.30 on Tuesday 19th June.

For more information contact

Mary Rowe

WALKING GROUP

PROGRAMME - FRIDAYS 10.00 am

June 15th **New Sulhay**
Derek Warwick

July 6th **Fineshade/Blatherwick Lake**
Jean Farmer **August 3rd**
Clipsham The Olive Branch

Michael Flemming

The walks are taken at a reasonable pace so that we can enjoy the views and the countryside. There is also an opportunity to have a pub lunch afterwards.

For more details, or if you wish to join this group, please contact

Chris Rippington

Visit your website at
www.SU3ANews.co.uk or
www.StamfordU3A.co.uk

CALLING ALL GROUP LEADERS

We are holding a New Members' Meeting on the 14th of June at Barn Hill. If you would like to come please phone Hendy on 756316.

ADVANCE NOTICE There will be a Coffee Morning for all Group leaders at Hendy's house on 20th August at 10.30

CHURCH VISITING GROUP

All Fridays - Visits start at 11 am

June 29th **Rippingale Church**
Mavis Sharpe
Elaine Ward **July 27th**
Awalton Church
Ken Moss

August 31st **Langham Church**
Peggy Aldridge Margaret Mills

September 28th **Morcott Church**
Jean Farmer

All members welcome

After the visits lunch is organised nearby. Please contact Elaine Ward if you need transport

STILL LOOKING FOR A THEATRE GROUP LEADER

After a few years of being leader of the Theatre Group I would like to find someone to replace me. If you volunteer, we can give you all the help you need, but you need to have a computer.

If you take over the Group you can use your ideas and set up your own projects. Anyone wishing to volunteer, or if you want to discuss the matter with me please contact me

Shirley Draheim-Jackson

THANK YOU STAMFORD U3A

Doris and I found that our U3A, with its many and varied group activities, gave meaning and purpose to our life in retirement, and kept us 'relatively' young. Learning and doing, at our age, proved interesting, stimulating and enjoyable. It also greatly increased our circle of friends. So we were already indebted to you.

However, it was not until Doris became ill that we realised how much we valued that friendship. Your help and support, thoughts and prayers, gave us strength when we most needed it. It was much appreciated. Thank you.

Since her death, I have been overwhelmed by the sympathy and kindness shown me. On the day of Doris's funeral, you helped to make, what could have been a very sad occasion, a happy, indeed a joyful celebration of and thanksgiving for her life.

Please accept my sincere and grateful thanks.

Gordon Bland

SELF-HELP FOR HEALTH GROUP

On June 18th, in Ryhall Village hall, we are concentrating on another disease which affects most families sooner or later - the Big C.

We shall look at being alert to the possibility, the use of the services, coping with the implications and the use of support groups. We shall also be discussing the future services in Stamford Hospital (on offer or wished) Everyone welcome.

Sheila Halliday-Pegg

STILL REQUIRED FOR BOOKS ON WHEELS

Volunteers are urgently required for Books on Wheels. This is a very well worth while service, taking books to the housebound elderly who cannot get to the Library.

It only entails about one Monday every two months but volunteers really need to be able to carry a bag of books. Car driving is useful but not essential. Full training will be given.

Either get in touch directly at Stamford Library or phone Hendy 765316.

JAZZ APPRECIATION GROUP

The next meeting of this Group will be on Monday 25th June at 7.00 pm. The theme for this meeting will be 'Animals or any living creature'.

Please note that for the Summer months, timing of the meetings will be 7.00 pm. We will return to the afternoon times from October.

For any more information, contact

Terry Watkins

SCIENCE GROUP

On Thursday, 14th June, we are planning to visit Woolsthorpe Manor, Isaac Newton's birthplace. The manor is located near Colsterworth, about 15 miles North of Stamford.

The visit will include a short film show, the Science Discovery Centre and a guided tour through the house. Admission fees are £5 per person for non National Trust members.

If you are interested, sign up at the June meeting, or contact

Dick Colgrove or Percy Moss

A MESSAGE FROM KATHY LYNN JAMES

You are an amazing U3A...the way the members work with each other and share with each other is extraordinary and inspiring.

I feel honoured to be able to share what I've learned here with the US as it's something that is needed there. After the time I've spent here it seems strange that there will be no U3A when I return home.

Stamford U3A is a wonderful example of the potential of the U3A.
