



Stamford Third Age Group

NEWSLETTER

Issue 73

March 2007

CHAIRMAN'S COMMENTS

This month sees an innovation. When you pick up your Newsletter at the monthly meeting you will also be handed an envelope addressed specifically to you. This contains a personalised reminder to renew your subscription and a letter inviting you to an Inheritance Tax Seminar on Tuesday 3rd of April.

There is a reply paid envelope enclosed for you to reply to this invitation but you do not have to use it. If you want to leave your decision to the last minute it will be perfectly in order to turn up at Barn Hill for the Seminar on the day.

If you are not at the March meeting, the renewal notice and the invitation to the Inheritance Tax Seminar will be posted to you. This expense is being paid for by the Co-Operative Bank who are hosting the Seminar. If you or someone you know have not received this mailing by the 23rd of March please phone Jim Guthrie on 01780 752755.

Your subscription runs out on the 31st of March and ideally should be renewed before then, but if everyone tries to renew at the March meeting there will be chaos! Remember if you renew by letter, please enclose a stamped addressed envelope for your membership card. Otherwise you will have to pick the card up at the next meeting after you renew.

And can I make a special plea for you to renew your membership within the next two months, ie before the AGM in May. Every year for the last few years over a hundred people have not renewed their membership by

the end of June. The new system should make it easier to renew and easier for you to remember to renew it. As you know our membership fee is extremely reasonable. (It has only gone up £1 in 12 years, see the Archives item on page 2). However, it is very important that you do renew in good time so that you are covered by the insurance arranged by the National Office for all the U3A activities you participate in.

Don't forget we are starting a new service to members. If you enclose twelve stamps with your membership renewal we will post your Newsletter to you every month - an easy way to guarantee your copy even if you cannot come to a meeting.

Those of you who have had time to read your Newsletters will see that there is a change to the advertised programme. Neal Davies who was talking about Bomb Disposal has had to cancel and his place has been taken by one of our members, Dr David Langridge who will be talking about the Falklands. Bomb Disposal has been moved to July.

We've had the most amazing February – apart from the short sharp cold spell with everything in the garden months ahead of what it should be. If we have the daffodils in February what are we going to have in April ?

Regards,

Hendy Farquhar-Smith

t: 01780 756316

e: hendy@hf-s.co.uk

COMMITTEE MEMBERS

Hendy Farquhar-Smith	Chairman
Paddy Thompson	Deputy Chairman
Percy Moss	Treasurer
Sue Webster	Minutes Secretary
Chris Rippington	Group coordinator
Jim Guthrie	Membership Secretary
Howard Jones	Speaker Finder

MONTHLY PROGRAMME

March 6th	Falklands 25 years on Dr David Langridge
April 2nd	Shakespeare Dr Jane Mackay

Monthly meetings are held on the first Monday of the month at Barn Hill, except for Bank Holidays. Coffee will be served at 10 and the meeting will start at 10.30 am.

Registered Charity Number: 1077090

April 2007 issue deadline 26 March

To become a member and for subscriptions please contact Jim Guthrie:

t: 01780 752755 e: Jim@StamfordU3A.co.uk

Please send comments and contributions to the Editor: Hendy Farquhar-Smith

t: 01780 756316

e: hendy@hf-s.co.uk

AGM 14TH MAY

We will be holding our AGM on Monday 14th May. Nominations are invited for committee members. Please send me your nominations before the April meeting, or give them to me at the meeting itself. Please don't be shy even if you are a new member – anyone can put themselves forward to be in the committee.

If you think you have something to offer this branch of the U3A please do get in touch with me and I am sure we will be able to use your help.

Hendy Farquhar-Smith

LIMERICK COMPETITION

The U3A Creative Writing Group will be publishing the 2007 edition of their magazine in Spring/Early Summer. If you have a way with words, particularly Limericks, why not try your hand at one? Please submit it to Ann Linton, Editor or Cynthia Nightingale to consider your attempt for publication. A Limerick is a five line poem in the form:

*There once was a young man from Dundee,
Who was stung on the nose by a bee*

Only clean versions please!

WALKING GROUP

PROGRAMME - FRIDAYS

March 16th **Manton**
Horse and Jockey
Roger Teasdale 756925

April 6th **Exton**
Fox and Hounds
Barbara Stokes 764131

April 20th **Dyke**
Wishing Well
Iris Clifford 01778 347281

For more details contact

Chris Rippington

VOLUNTEERS REQUIRED

BOOKS ON WHEELS

Volunteers are urgently required for Books on Wheels. This is a very well worth while service, taking books to the housebound elderly who cannot get to the Library.

It only entails about one Monday every two months but volunteers really need to be able to carry a bag of books. Car driving is useful but not essential. Full training will be given.

Either get in touch directly at Stamford Library or phone Hendy 765316.

MALCOLM SARGENT SCHOOL NEEDS VOLUNTEERS

Malcolm Sargent School are looking for retired people who would like to listen to children read or to help in doing various other projects.

Please phone Hendy on 756316 if you are interested.

STROLLERS

As the February stroll was cancelled because of icy conditions underfoot, the leaders will now take a walk on Friday, March 9th around Ryhall and Belmesthorpe. Meet at the Ryhall Village Hall for an 11 am start. Lunch will be at the Green Dragon.

Rosemary Chappell and Jenny Whetstone

STRATHSPEY DANCING

This group meets at Barn Hill at 11 am. The next meetings will be on Wednesday

6th March

21st March

For more information contact

Joy Paterson

ART HISTORY GROUP

Due to circumstance beyond my control - the curse of the Art History group strikes again - the meeting on 28th February had to be cancelled. There will be no meetings in March. The next visit and meetings are :

April

Wednesday 4th – Visit to Dulwich Picture Gallery. 8 am at Bus Station, 8.05 am at Danish Invader.

Wednesday 11th – Sir David Wilkie

Wednesday 25th – Turner

The meetings are held at the United Reformed Church Hall upstairs in the Livingstone Room.

Talks will start at 10.30 am, coffee from about 10.15, everyone welcome. For more information contact

Hendy Farquhar-Smith 756316.

SOCIAL HISTORY GROUP

This group meets on the 2nd Monday of each month, starting at 2 pm. The next meeting is on 12th March and it is on Health. The subjects will include the History of Midwifery and Herbalism.

For more information, or if you would like to join this group please phone

Joan Newey

COUNTRY DANCING

Country dancing will be held at the Roman Catholic Church Hall at 10.30 on Tuesday 20th March. For more information contact

Mary Rowe

From our Archives

Newsletter No 2, October 1994

From the Treasurer: "the annual subscription will be reduced to a mere £5 for next year"

Food for Thought

A lady of 102 was asked if she had any worries. "No, not since I got my eldest son into an old people's home"

DRIVERS NEEDED!

Christ Church Day Centre desperately needs drivers under 70 for its mini bus. The job would entail possibly one Wednesday a month, picking up frail elderly people from their homes, driving them to the Day Centre and taking them home again. If you would like to help this very worthwhile cause, please ring

The Deacon, Janet Calderin

TRAVEL GROUP

The Autumn trip is to the Istrian Riviera in Croatia from 2nd to the 9th October. Seven nights from £599.

For more information contact Paddy by phone, or collect written details from her at the meeting.

Paddy Thompson

SCIENCE GROUP

The next meeting of the Science Group will be on Thursday, 8th March at 2 pm at Barn Hill. A talk will be given by Tony Wakefield on

Methane: can it be friend or foe? All U3A Members are welcome.

Percy Moss

THEATRE GROUP

We have sold all the tickets for all the productions we are going to visit this Spring and have waiting lists.

After a few years of being leader of the Theatre Group I would like to find someone to replace me. Plenty of help can be given to whoever wishes to take over, but you do need to have a computer.

Of course whoever takes over doesn't have to run the theatre group as I have done, you can use your own ideas. Any volunteers please let me know,

Shirley Draheim-Jackson

DISCUSSION GROUP

It has been suggested that there might be an interest in forming a Discussion Group to discuss Current Affairs.

If you are interested and would like to join this group, please contact:

Tony Barry

INTERMEDIATE BRIDGE

This group is full at present and cannot take any more new members. The popularity of this group has made it necessary to do this because we are limited by the number of people we can fit into the Bridge Club. For more details contact

Jill Haynes

Visit your website at
www.SU3ANews.co.uk or
www.StamfordU3A.co.uk

MUSICAL 'CATS'

There will be a trip to the Birmingham Hippodrome to see the Lloyd Weber's musical 'Cats' on 16th August. The approximate price will be £36 per person. This includes Centre Circle seats, coach and tips to the driver. Arrival time in Birmingham will be around mid morning. To book please contact

Paddy Thompson

CHURCH VISITING

It has been suggested that we re-start the Church Visiting Group from April to October. There will be a sign-up list at the March meeting. Otherwise, if you are interested please contact

Mavis Sharpe or Elaine Ward

Self – Help for Health Group

On March 19th, in Ryhall Village hall we are firstly having a demonstration by our own Keep Fit group followed by a little participation.

Thereafter, the speaker will be the Coronary Care nurse for the area. She would be pleased about the exercising but she will be telling us more about "Looking after your Heart" Everyone welcome.

Sheila Halliday-Pegg

LOCAL HISTORY GROUP

Tuesdays,

March 13th - Janet Minchinton will talk on 'Days Before the Workhouse' - what happened to the destitute

April 10th - Ray Biggs from the Grimsthorpe Estate will talk about the History of the Park and Gardens of Grimsthorpe.

Everyone is welcome to come to these meetings which are held at Barn Hill at 10.30 am.

WEBSITE

We already have in the website a section which provides information for members including spam awareness, and how to stop unwanted mail and cold telephone calls.

There is a host of other subjects which could be included in they were helpful to members. So we are looking for some feedback. Is there any subject which you would like covered in this section of the website?

Please let us know on info@StamfordU3A.co.uk

Remember, the site is updated regularly and has up to date information, so visit regularly. For example, the most up to date information on Groups is on the site.

We need to restrict personal information on the website for the protection of our members. However, if your need any contact numbers or other information contact us on the e-mail address shown above.
