



Stamford Third Age Group

NEWSLETTER

Issue 75

ONLINE VERSION

May 2007

CHAIRMAN'S COMMENTS

It is inevitable that with an organisation made up of people of the "Third Age" that we will inevitably lose members as they come to the end of their natural span of life. Since the last Newsletter we have lost two of our loyalest members: Doris Bland and Barbara Herrick. Doris was the founder member and Leader of the Drama Group and none of us will forget the wonderful performances she gave us with that group. You might also remember the talk she and Gordon gave on their visit to the Falklands. Barbara was a very active member of the U3A as well. She was in many groups including the Walking Group, Wine Group, Church Visiting, Art History and Antiques. We send out deepest sympathies to Gordon and Peter on their great loss.

At this month's meeting we will also say good bye to Kathy Lynn James. After almost 6 months here it is time for her and her husband and dog to return to the USA. She has been a very active member of the U3A while she has been here, not only attending all the Art and Craft groups for her studies but also coming to monthly meetings and my Art History group. She even came on our trip to Dulwich Picture Gallery where we discovered that she had never seen a hedgehog! We are now looking forward to reading about ourselves in her finished thesis.

One of the by products of Kathy's visit has been the idea to stage a small display of work by some of our

Art and Craft Groups to show the rest of our members the wonderful range of creative work that they do. Kathy has been so impressed by the warmth and friendliness of Stamford U3A that she thinks it makes an excellent role model for a similar organisation to be set up in the States. She had fully intended to get in touch with a couple of other U3As a little further away, but Stamford kept her fully employed! On the subject of displays, we are always looking to groups to put on a little exhibition of what they do – or even for a member of a group to stand up at a monthly meeting and tell us about their activities.

This month's meeting is the AGM and those of you who attend that meeting will hear a short resume of what we have been up to over the past year. However, **WE NEED MORE GROUP LEADERS!** Shirley is stepping down after many years running the Theatre Group. This is a very popular group and it would be a great shame if it had to close simply because no one will volunteer to take it over. Shirley is prepared to help anyone who offers to take over from her so you would not be left in the lurch.

Regards,

Hendy Farquhar-Smith

t: 01780 756316

e: hendy@hf-s.co.uk

COMMITTEE MEMBERS

Hendy Farquhar-Smith	Chairman
Paddy Thompson	Deputy Chairman
Percy Moss	Treasurer
Sue Webster	Minutes Secretary
Chris Rippington	Group coordinator
Jim Guthrie	Membership Secretary
Howard Jones	Speaker Finder

MONTHLY PROGRAMME

May 14th	AGM
June 4th	Bomb Disposal Neal Davis

Monthly meetings are held on the first Monday of the month at Barn Hill, except for Bank Holidays. Coffee will be served at 10 and the meeting will start at 10.30 am.

Registered Charity Number: 1077090

June 2007 issue deadline 25 May

To become a member and for subscriptions please contact Jim Guthrie:

t: 01780 752755 e: Jim@StamfordU3A.co.uk

Please send comments and contributions to the Editor: Hendy Farquhar-Smith

t: 01780 756316

e: hendy@hf-s.co.uk

HARLAXTON SUMMER SCHOOL

There are a few places available in single room accommodation in the Carriage House for the second half of the Summer School 12th – 15th July.

Places are still available on Paper Craft, From Big Bang to Global Warming (Geology), Walking and Singing for Fun. The total cost for three nights including tuition, full board and end of course buffet is £180. If you are interested, and for more information, call

Hendy on 756316

TRAVEL GROUP

Austrian Tyrol

Looking forward to setting off on May 19th. Please contact me if you have any last minute problems.

Croatian Holiday

October 2nd to 9th, seven nights' half board - £599 at a four star hotel. Included are coach pick-up from Stamford and several excursions. Some places still available. If you are interested, book soon and contact Paddy.

URGENT NEWS – Bowes Museum, Durham

We are trying a new idea – a one night stopover. The date is September 9th. We leave in the morning and visit Bowes Museum in the afternoon. Then we have dinner, bed and breakfast at the centrally situated four star Marriott Royal County Hotel in Durham.

We will stay in Durham until 4 pm to enjoy the city. Approximate price is £98 per person. Please let me know as soon as possible if you would like to go as the hotel is only holding rooms until the 18th of May.

TRAVEL GROUP MEETING

There will be a meeting of the Travel Group on Monday 18th June at 10 am at Barn Hill. The speaker will be Anthony King and he will be talking about the Himalayas. Everyone is welcome.

Paddy Thompson

SCOTTISH STRATHSPEY DANCING

There will be no dancing during the month of May.

We will restart with a new leader - Graham Creedy, on June 6th and June 20th at 11 am at Barn Hill

All the members of this group would like to say thank you very much to Barbara Carpenter for all her hard work and leadership during her long spell as leader of this group.

New members welcome. All enquiries to

Graham Creedy

DRIVERS STILL NEEDED!

Christ Church Day Centre desperately needs drivers under 70 for its mini bus. The job would entail possibly one Wednesday a month, picking up frail elderly people from their homes, driving them to the Day Centre and taking them home again. If you would like to help this very worthwhile cause, please ring

The Deacon, Janet Calderin on 754290.

SOCIAL HISTORY GROUP

The next meeting of this group will be held on Monday, 14th May at 2 pm at 5 Truesdales Hospital, Scotgate.

The theme of this meeting will be Aspects of Health. If you are interested please contact

Joan Newey

ART HISTORY GROUP

There are no further meetings of the Art History Group in May. The next meetings will be on the following Wednesdays:

June

13th Pre-Raphaelites Part 1

27th Pre-Raphaelites Part 2

The meetings are held at the United Reformed Church Hall upstairs in the Livingstone Room.

Talks will start at 10.30 am, coffee from about 10.15, everyone welcome. For more information contact

Hendy Farquhar-Smith 756316.

A REQUEST FROM BBC RADIO LINCOLNSHIRE

BBC Radio Lincolnshire's Mid-Morning programme with Martin Daniels are looking for local contacts of people who would like to do reviews for them on a new television series going out in the autumn on BBC2 called The Tudors.

If anyone is interested in being a TV critic please get in touch with Clare Mortensen at Radio Lincolnshire.

e-mail: clare.mortensen@bbc.co.uk,

WALKING GROUP

PROGRAMME - FRIDAYS 10.00 am

May 18th **Old Sulhay**
Derek Warwick 755582

June 1st **Ryhall Millstone Pub**
Peggy Aldridge 751584

June 15th **New Sulhay**
Derek Warwick 755582

July 6th **Fineshade/Blatherwick Lake**
Jean Farmer 76650

The walks are taken at a reasonable pace so that we can enjoy the views and the countryside. There is also an opportunity to have a pub lunch afterwards.

For more details, or if you wish to join this group, please contact

Chris Rippington

Visit your website at
www.SU3ANews.co.uk or
www.StamfordU3A.co.uk

CALLING ALL GROUP LEADERS

We are holding a New Members' Meeting on the 14th of June at Barn Hill. If you would like to come please phone Hendy on 756316.

ADVANCE NOTICE There will be a Coffee Morning for all Group leaders at Hendy's house on 20th August at 10.30 am.

CHURCH VISITING GROUP

All Fridays - Visits start at 11 am

- May 25th** **Hambleton Church**
Margaret Mills 01572 724463
- June 29th** **Rippingdale Church**
Mavis Sharpe 755004 Elaine Ward 740323
- July 25th** **Awalton Church**
Ken Moss 762394
- August 31st** **Langham Church**
Peggy Aldridge 751584 Margaret Mills

After the visits lunch is organised nearby. Please contact Elaine Ward on 740323 if you need transport

THEATRE GROUP LEADER

After a few years of being leader of the Theatre Group I would like to find someone to replace me. Plenty of help can be given to whoever wishes to take over, but you do need to have a computer.

Of course whoever takes over doesn't have to run the theatre group as I have done, you can use your own ideas and projects. Any volunteers please let me know, or if you would like to discuss the matter with me please contact me

Shirley Draheim-Jackson

THANK YOU from SHIRLEY D-J

To all the theatregoers who were on the trip to Northampton on May 3rd, I want to express my thanks for your excellent gift of an Arts Centre voucher. It was very kind indeed of you all and I really do appreciate it.

DISCUSSION GROUP

It has been suggested that there might be an interest in forming a Discussion Group to discuss Current Affairs.

If you are interested and would like to join this group, please contact:

Tony Barry

INTERMEDIATE BRIDGE

This group is full at present and cannot take any more new members. The popularity of this group has made it necessary to do this because we are limited by the number of people we can fit into the Bridge Club. For more details contact

Jill Haynes

SELF-HELP FOR HEALTH GROUP

On May 21st, in Ryhall Village hall, we are firstly having a discussion on the benefits or otherwise of Spring Cleaning!

This will be followed by a talk about Self Help for Diabetes including prevention hints and home management advice. The diagnosis of Diabetes is increasingly common and 1 in 4 of us will be affected by the age of 80. Everyone welcome.

Sheila Halliday-Pegg

CALLING ALL NEW MEMBERS

There will be a meeting for all new members on 14th June at 10.30 am at Barn Hill.

This is a chance for you to get to know some of the Committee and Group Leaders and find out a bit more about the U3A both nationally and locally.

SINGING FOR PLEASURE

After the success of the lady from Peterborough who conducted a very happy 'Sing-song' at the Self help Health group, would there be any interest in setting up a 'singing for pleasure' group here?

We are looking for a leader who can play the piano for us to sing along to. Singing is very good for the Wellbeing.

If you are interested please contact

Chris Rippington

COUNTRY DANCING

Country dancing will be held at the Roman Catholic Church Hall at 10.30 on Tuesday 15th May.

For more information contact

Mary Rowe

VOLUNTEERS STILL REQUIRED

MALCOLM SARGENT SCHOOL NEEDS VOLUNTEERS

Malcolm Sargent School are looking for retired people who would like to listen to children read or to help in doing various other projects.

Please phone Hendy on 756316 if you are interested.

BOOKS ON WHEELS

Volunteers are urgently required for Books on Wheels. This is a very well worth while service, taking books to the housebound elderly who cannot get to the Library.

It only entails about one Monday every two months but volunteers really need to be able to carry a bag of books. Car driving is useful but not essential. Full training will be given.

Either get in touch directly at Stamford Library or phone Hendy 765316.
