



Stamford Third Age Group

NEWSLETTER

Issue 45

November 2004

CHAIRMAN'S COMMENTS

Whilst looking on the BBC website I came across an interesting article. This stated that 'Britain's pensioners now (in 2002) lead more physically active lives than Britain's teenagers.' The figures indicated that on an average day those aged 65 or over spent 30% more time than teenagers on physical activity. Perhaps this is no surprise to many U3A members, busy with their numerous activities. The findings also indicated that those with Internet access were more likely to participate in sports. This may ease the consciences of those of us who spend some time on computers.

Currently we are of course completing the arrangements for the move of the monthly meetings to the United Reformed Hall and Church in January. The format of the meetings will be the same as at present with coffee and notices in the hall at 10 am. We then move to the church for the meeting at 10.30 am.

As previously announced the meetings will take place on the first Tuesday of each month. We know that this has caused problems for some individuals and groups but the change of day

was unavoidable. The good news is that some members, who could not attend on Mondays, may be able to attend on Tuesdays.

On Monday 29th November at 10 am at Barn Hill we are having a meeting for new members. Invitations have gone to all who joined us this year. This will give new members the opportunity to hear about the U3A organisation, learn what study groups are available, and meet committee members and group leaders for answers to queries. Free coffee and biscuits will also be available. We look forward to meeting new members and with them perhaps new visions for U3A.

I quote the motto over the front door of the company where I worked –

'Without vision the people perish.'

Best wishes,

Dick Colgrove.
Chairman

t: 01780 752101 e: dick@SU3ANews.co.uk

COMMITTEE MEMBERS

Dick Colgrove	Chairman
Hendy Farquhar-Smith	Group coordinator
	Deputy Chairman
Joy Paterson	Minutes Secretary
Kate Rogers	Speaker Finder
Paddy Thompson	Treasurer
Gill Bolton	Membership Sec
Percy Moss	Treasurer's Asst
David Ellis	

www.StamfordU3A.co.uk

PROGRAMME

Dec 6th	Christmas Party
Tuesday Jan 4th	Global Warming Richard Barry

MONTHLY MEETINGS

The main monthly meeting is held at Barn Hill Methodist Church on the 1st Monday of the month, with the exception of Bank Holidays. Coffee at 10 am, we start promptly at 10.30.

DECEMBER ISSUE

We welcome contributions for this Newsletter. Please send them to the Editor:
Hendy Farquhar-Smith t: 01780 756316
e: hendy@SU3ANews.co.uk

Contributions deadline 22nd November 2004

The Summer School at Harlaxton was so successful this year that we are going to run two in 2005. This should provide you with a wider choice to study, relax and enjoy the exclusive use of Harlaxton Manor, which is an outstandingly beautiful 19th Century country house near Grantham. Details of courses offered at the two schools are shown below.

10 - 13 July

COURSES

1000 Years of Monarchy **Jean Townsend**
Exploring the true personalities of England's monarchs is at the core. Jean is a historian with particular interest in English social history.

Impressionism and the Impressionists **Hendy Farquhar-Smith**
The course is intended for those who like looking at paintings - no knowledge of Art History required. Hendy is leads an Art History Group for Stamford U3A.

Walking with a Seeing Eye **Ivor Manley**
The physical enjoyment of a walk can be greatly enhanced if our attention is focused on aspect of the locality. This course shows us how to do this.

Computing for the more experienced **Horace Farquhar-Smith**
For those who have learnt the basics, this course introduces the more advanced aspects of Microsoft Office Programs. Taught by an expert, this course is fun.

Botanical Illustrations **Barbara Clemence**
This course will focus on developing the skill of fine detail painting in water colour - beginners and those with experience are welcome. Barbara is a successful professional artist and a popular adult tutor.

Basic Digital Photography and Imaging **Rod Sloane**
No need for previous knowledge. Rod a professional photographer for 25 years will help you transfer to digital with minimum stress with plenty fun and informality.

14 - 17 July

COURSES

The English Civil War **John Plumb**
We shall explore this 1640s war and its effect on this part of the country to discover its effects on people. John has been an adult education lecturer for many years.

Old and New in English Music **Anthony Burton**
Intended for music lovers at all levels this course includes listening to early music and to 20th Century works.

Art for All **Sally Crew**
The course will aim to build student confidence by enlarging their experience in creative techniques. All levels of student ability are welcome.

Basic Digital Photography and Imaging **Rod Sloane**
No need for previous knowledge. Rod a professional photographer for 25 years will help you transfer to digital with minimum stress with plenty fun and informality.

Computing for the Beginner **Pam and Vanessa**
These popular instructors will help students to come to terms with the fascinating world of the computer.

For more information, Pamphlets and Application Forms please contact:

Rosemary McCulloch 01778 346184
Hendy Farquhar-Smith 01780 756316
Rod Sloane 01778 345779
e: info@HarlaxtonU3A.co.uk
Notice Board: www.HarlaxtonU3A.co.uk

NEWSLETTER ON LINE

The Newsletter On Line is now live. You can reach it through www.StamfordU3A.co.uk or direct at www.SU3ANews.co.uk.

Everything in the printed version is included in the web, with format changes to fit it into a website and changes to reduce personal details.

Even if you have the printed copy please have a look at the Online version because it has additional features which would be too expensive or space consuming to include in the printed version.

TRAVEL GROUP

The next meeting of the Travel Group will be on Monday 31st January 2005 in the United Reform Church Hall, Broad Street.

Holiday plans for 2005 will be discussed and the speaker will be Derek Robbins from U3A Travel.

DRAMA GROUP

The Drama Group need help.

They putting on the Christmas party entertainment and are looking for props. For example, they need the loan of wigs, and long dresses.

They also need water based paint for scenery. If you are able to help in any way, please contact

Doris Bland or
Percy Moss

THEATRE GROUP

The next meeting of this group will be on Monday 17th January at All Saints and St John's Church Centre. The nearest parking is at either Scotgate or Sommerfield's. The Drama Group do a presentation. Don't forget to bring your cheque books as we will be selling tickets for the Spring plays.

Shirley Draheim-Jackson

Walking Group

Nov 5th	Woodnewton The White Swan	3 miles	Anna and Harold Bridger	All walks start at 10.30 am Queries on individual walks to walk leaders General queries to José Fox
Nov 12th	Empingham The White Horse	Variable	Des and Janet Kempson	
Nov 17th	Seaton George & Dragon	4 to 5	Chris Rippington	
Dec 3rd	Sutton Church	5 miles	Aileen Marriott and Marian Manger	
Dec 10th	Easton on the Hill The Oak	4 miles	Jean Farmer and Peggy Aldridge	
Dec 17th	Walk Leader Required			
Jan 7th	Ferry Meadows		John and Joan McNeill	

SCIENCE GROUP

The next meeting of the Science Group will be on 11th November 2004. This will be a visit to the:

Materials Recycling Facility (MRF), Fourth Drove,
Eastern Industry Estate, Peterborough

which is next to the Power Station.

Please meet in the Car Park at MRF at 2 pm. If you need a lift, please contact

Percy Moss

NEW TICKETING SYSTEM

At all meetings, each member will be given a ticket as they register.

This ticket should then be shown to one of the persons serving the refreshments. Keep this ticket because you will need to hand it in when you enter the church.

If you have any problems with the system, or are able to suggest improvements, please do speak to any member of the Committee.

CHRISTMAS LUNCH – CROWN HOTEL

The Christmas Lunch has been booked at the Crown Hotel for Monday 20th December, starting at 12.30 pm.

Please pay for this event at the November meeting. The cost is £16.95 per person and cheques should be made out to "The Crown Hotel".

Menus will be available at the November meeting and you can make your choice of what you would like to eat. If you miss the November meeting, you can still choose your meal at the December meeting.

Any problems please phone Hendy

CHRISTMAS CONCERT

A special Christmas Concert is to be held in St Mary's Church, Melton Mowbray on Saturday 27th November at 7.30 pm. The concert is to celebrate the opening of the new Samworth Community Centre and raise money for the refurbishment of the church.

The concert will be presented by Anne Davis, the TV presenter, and will be a mixture of music, readings and singing, including a performance by the Melton U3A singers. Tickets cost £8, including mulled wine and mince pies. Tickets can be obtained from

Michael Whetstone

ART HISTORY GROUP

The meetings of the Art History Group will be held upstairs in the United Reform Church Hall in the Livingstone Room.

Everyone is welcome to come to these illustrated talks. We start at 10.30 am and there is a charge of £1 to cover the cost of coffee and the hall. There will be no meetings in November and the December talks will be:

8th December Fra Angelico

22nd December Botticelli

Hendy Farquhar-Smith

PHILOSOPHY GROUP LEADER

There has been considerable interest in starting a Philosophy Group.

We would therefore like to find a leader for this group. Ideally it should be someone with a knowledge of Philosophy who could use their expertise and experience to guide those with an enthusiasm for the subject.

Anyone interested, even if they do not have the ideal qualification, please contact.

Hendy Farquhar-Smith 756316