



Stamford Third Age Group

NEWSLETTER

Issue 55 - Web Version

September 2005

CHAIRMAN'S COMMENTS

In the July newsletter I suggested that at last the summer had arrived. As I write this letter the northern UK is besieged by wind and rain and here we are little better.

However, for our recent coffee morning for group leaders and committee the weather was perfect. Attendance was good and responses afterwards were very positive. It again proved to be a useful meeting point for many who do not come into contact with each other very often. Maggie and I thank those who came, and particularly those willing helpers who supplied the gazebo, chairs and cups and helped to make and serve coffee.

As many will be aware we are planning to move back to Barn Hill Methodist Church for the November monthly meeting. Meetings will then again take place on the first Monday of each month. Before that meeting takes place, members of the committee will meet at the refurbished buildings, with church representatives, to familiarise themselves with the changes. We have to understand many issues before our first meeting - including safety, heating, lighting,

accommodation, kitchen facilities, storage space etc. We will also have to move all our equipment back to Barn Hill.

At a recent meeting of the Association of East Midlands U3As we were informed about an excellent U3A conference which had taken place in Newcastle in June. We were briefed that many delegates saw the East Midlands Region as one of the best organised and successful regions. This is very pleasing and reflects the enthusiasm of a number of key members across the East Midlands, including, of course, Rosemary our previous chairman.

On a wider front, U3A News mentioned last year that on-line courses were available in a number of subjects. Recent figures show that some 550 people, across the world, are taking part. Are any of our members involved? I would be interested to know.

Best wishes
Dick Colgrove

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COMMITTEE MEMBERS

Dick Colgrove	Chairman
Paddy Thompson	Deputy Chairman
Hendy Farquhar-Smith	Group coordinator
Percy Moss	Treasurer
Joy Paterson	Minutes Secretary
Kate Rogers	Speaker Finder
Gill Bolton	Membership Sec
David Ellis	
Chris Rippington	

MONTHLY PROGRAMME

October 4th	Aspects of Modern Communications Horace Farquhar-Smith
November 7th	Forty Years with the BBC Mr A Jacobs

The October meeting will be held at the United Reformed Church on Tuesday, 4th. The November meeting will be back at Barn Hill on Monday 7th. At both venues, coffee at 10 and the meeting will start at 10.30 am.

NEWSLETTER ONLINE
www.SU3ANews.co.uk

Registered Charity Number: 1077090

For information on how to become a member and for subscription information, please contact the Membership Secretary, Gill Bolton,

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Please send comments and contributions to the Editor: Hendy Farquhar-Smith

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OCTOBER Issue Deadline

23 September

PROPOSED NEW GROUP

SELF- HELP HEALTH

One of our members who worked for many years as a GP, Dr Sheila Halliday-Pegg, has suggested setting up a Self - Help Health group to identify ways in which we can logically, sensibly and safely manage our own health and reduce our dependence on health professionals and at the same time have fun finding out how to do this.

She suggests a mixture of Speakers, Demonstrations, Discussion Groups, Visits and Active Participation. There is a poster and sign up form in the United Reformed Church Hall today but, if you are interested in joining this group please get in touch with

Sheila Halliday-Pegg

CHESS PLAYERS WANTED

Anyone interested in a friendly game of chess? If you are, please contact either

Ernie Barnett or Shirley Gardiner

ANTIQUES 2

The Antiques 2 Group has arranged a coach trip on Thursday, 3rd November to

The Wallace Collection

Or perhaps you may wish to use the coach to get to London for Christmas shopping! The cost will be in the region of £12.50 which will include gratuities for the coach driver. To book, please contact

Kay Johnson

THEATRE GROUP

We are selling tickets at today's meeting for our autumn visits to the theatre. Please look out for our table and the notices on the board.

Thursday 20th October 2005 at Nottingham Playhouse Theatre presenting "**Tristan & Yseult**". Charged with naughtiness, wit and tender observation, this energetic and moving production brings Cornwall's oldest love story crashing into the 21st century. The cost including the coach driver's tip is £13.00.

Wednesday 16th November 2005 at Coventry Belgrade Theatre presenting "**The Hypochondriac**" by Molière translated by David Johnston. Argent is a hypochondriac, obsessed with his health and bodily functions. When the cost of these imagined illnesses start to become a serious drain on his fortune, he hits on the idea of marrying off his only daughter to a young doctor - an idea which soon finds him out of favour with everyone around him. Cost of ticket £14.00 including coach driver's tip.

Thursday 8th December 2005 at Stamford Arts Centre. This is the Shoestring production of "**Lady Windermere's Fan**" by Oscar Wilde. This is an evening performance costing £5.50. One of Oscar Wilde's most popular plays, "Lady Windermere's Fan" sparkles with brilliant repartee, epigrams and wit.

Shirley Draheim-Jackson

SCIENCE GROUP

The next meeting of the Science Group will be on September 8th at 2 pm in the Livingstone Room of the United Reformed Church Hall.

The talk will be:

Paper Dart to Microlight Aircraft

an Aeronautical Journey by Percy Moss MBE

The meeting for 13th October will be a visit to

The Science Museum in London.

The coach will leave the bus station at 8 am and the Danish Invader at 8.05. For the return the coach will leave London at 4 pm. The cost of the coach ticket will be £12.50 each

Those interested please put your name on the list provided on the notice board at the September meeting. Those who would like to use the coach as transport only, kindly enter London next to your name.

Any questions, or further details, please contact

Percy Moss

TRAVEL GROUP

DAY TRIP TO "THE DEEP"

Visit to Hull and "The Deep" on October 11th, leaving Stamford at approximately 8.30 am and returning at about 7.30 pm. Pick up points are 8 am at the Bus Station and 8.15 am at the Danish Invader. This trip is now fully subscribed and will go ahead.

Please make final payments to Paddy Thompson as soon as possible. Cheques should be made to Stamford U3a Travel Group.

CHATSWORTH AT CHRISTMAS

This trip is planned for 30th November. Final payment is now due, please pay Renee Burt as soon as possible.

KRAKOW AND ZAKOPANE HOLIDAY

This holiday is between 17th and 24th September. All who are going will soon receive air tickets and client information if they have not done so already. Everyone has to register with Paddy if they have dietary or immobility requirements. Choice of dining on the first evening and pick-up point details are also required. The coach will leave the Danish Invader at 8.15 am and the Bus Station at 8.30.

ART & CITY BREAK TO NEW YORK

This is planned to take place from 26th March – 1st April 2006. The cost will be from £649 and will include 4 nights room only basis at a 3 star hotel just off Broadway, return flights and return airport transfers in UK and New York. Details and booking forms are available from Paddy. A good number of registrations have now been processed and this holiday is definitely going ahead. There are still a number of places available, but as invitations have been extended to members of four other local U3As, please get your booking in as soon as possible.

Paddy Thompson on

WALKING GROUP

September 9th	Deeping St James Waterton Arms	2	John and Joan McNeill <i>(A Riverside Stroll)</i>
September 16th	Nassington The Black Horse	5	Roger Teasdale
October 7th Note: 10 am start	Castle Bytham Meet at village pond, parking available 100 mts beyond. Good pubs in the village.	6.5	Eric and Avery Woods
October 14th	Ryhall Meet at Village Hall car park. Good pubs in the village	4.5	Eric and Avery Woods

All walks start at 10.30 am. Queries on individual walks please contact the Leader. General queries contact José .
If you have any doubts about the conditions please contact the Walk Leader.
In case of cancellations, or any other problems, Walk Leaders please contact José before 9 am. Please check your e-mails before leaving home! If you do not have e-mail, please 'link' with someone who does, who can relay any messages.
Please share cars whenever possible, especially for those walks which are a little further afield.

COUNTRY DANCING

Because Hendy, Joy and Mary are all away on 20th September, there will be no Country Dancing on that day. The next meeting will be on Tuesday 18th October at the United Reformed Church Hall at 10.30 am.

Hendy Farquhar-Smith 756316



ART HISTORY GROUP

The next meeting of the Art History Group will be on Wednesday 14th September at 10.30 am in the Livingstone Room of the United Reformed Church Hall.

The subject will be **Berthe Morisot**.

Hendy Farquhar-Smith 756316



FINANCIAL DISCUSSION GROUP

We are a friendly and informal group of about a dozen members who meet at Priory Court on the second Wednesday of each month starting at 2 pm.

Our programme covers a wide choice of subjects including Council Tax, alternative investments, insurance, technology in the home, budget changes, choice of food and any relevant topics which individual members wish to raise in order to hear the views of others in the group.

We would welcome a few more members. Our next meeting is on 14th September. If you would like to join us, please contact

Alan Raven

CHURCH VISITING GROUP

The next meeting of the Church Visiting Group will be on 30th September - a visit to the Church in South Luffenham. Please meet at the Church at 11 am.

Afterwards we will be having lunch at the Coach House Inn. Everyone is welcome to join this Group.

Anna Bridger

LUNCH GROUP

This Group will meet at the newly refurbished Lincolnshire Poacher after the September meeting. OAP i£6 and there are other choices. I will be asking for a show of hands at the September meeting.

Hendy Farquhar-Smith 756316

ART GROUP 2

We will start again on Tuesday, 4th October at Barn Hill in the usual room from 2 pm to 4 pm. We would like a few more budding artists to join us. Absolute beginners are welcome as this is a fun class. If you are interested in joining this group, please phone

Bernie Atter

POETS AND THEIR POETRY

The next meeting of this group will be held on 14th October at 2.30 pm in the Kings Mill Centre in Bath Row.

The poet under discussion will be

Elizabeth Bishop

For more information contact

Robert E Ford

CHRISTMAS LUNCH AT THE CROWN

This has been booked for Monday 12th December and a list will be on the table at the September meeting.

There is room for more people in the refurbished Crown Dining Room so we do not have to limit the numbers as we have had to do in the past. If you are a new member, do come along and join us.

At this moment we do not have a price but it should not be more than £16 for a three course meal and coffee. If you would like more details phone

Hendy 756316